

Biathlon Information

This information must be read in conjunction with “Sport Entry Forms”, “Sport Information” and “Games Information” available from the website. Details are subject to change.

Biathlon 400m Swim / 4km Run (Looped Course) Distances are approximate

Schedule

Venue	Dobroyd Aquatic Club, Henley Marine Drive, RODD POINT	
Date	Sunday March 21	
	Sport Venue Control	Outside the Aquatic Club
	Venue Check In from	6:00–7:00am
	Race Briefing	7:15am
	Start Time	7:30am

Course Details

Check-In at Sport Venue Control

You are required to show your validated Games ID Card at Check-in. No card No competition.

You will receive a chest number which must be worn during the run leg on the front and be visible through out race.

Race belts are permitted

Biathlon Relay Teams must check-in together – i.e. all 2 at once!

Security Entrants are responsible for the security of their equipment. The Games takes no liability if equipment is lost or stolen.

Biathlon Team Teams must tag their member in the transition area. Each team member completes only one leg (swim or run) of the Biathlon.

Swim 400m

Shallow-water start from the left of the Aquatic Club. Swim clockwise around the buoy

Wave (Staggered) starts will be announced on Race Day. Do not proceed to start until called.

Swim caps are mandatory. Entrants may wear a triathlon wetsuit for the swim leg, however this is not compulsory.

Lifeguards will patrol the entire swim course – should you encounter any difficulties, stay calm and raise your arm.

After you finish the swim leg at the sandy verge on the right hand side of the Aquatic Club, proceed straight, run past the transition area entering it from the far end. A water Aid station on exit of swim, will also be available.

NOTE: Water pollution - due to environmental conditions (eg heavy rain prior to the event) EPA guidelines may recommend no swimming. The decision to hold the swim leg will be made on the morning of the event.

Run – 4km Run

Competitors will exit swim leg, through transition and begin running south along Bay run toward City West link, a water station will be available at turn point (approx 1km). Then return along Bay run, past transition area, continuing along Henley Marine Drive toward Iron Cove Bridge, the second turn around will be adjacent to vacant lot on end of Millar St (approx 3km), again a water only drink station will be available. Then return toward transition and finish area. Water and fruit will be available.

Finish

On crossing the finish line stay in order and enter the finish chute where your time and number will be noted.

Note: If this is not done you will not be included in results.

1st, 2nd & 3rd placegetters in each category will receive a Games Finish Card as they cross the finish line which must be returned upon receipt of their medal. You must be present to receive your medal. Medal presentation will follow the finish of the event.

Timing – only finish times will be recorded.

Complete results will be available at www.corporategames.net.au only after the Games Awards Dinner

