

GAMES INFORMATION

Please read if entering the Games

Celebrations

Games Awards Dinner will be held Monday March 19 from 6.30pm at the Establishment. Dinner features special guests presenting the Corporate Awards and cost TBC.

Eligibility

Entrants may represent only ONE organisation in the Games. Entrants do not have to be employed by the organisation represented.

Age Classes

The Official Games Age of an entrant is their age on Dec 31 of the Games year. You can not enter more than one Age Class in an event.

Limited Entries

The Games reserves the right to place entrants into another Age Class to ensure play. However only medals and points from the original class entered will be awarded.

Insurance

Entry fee does not include **Personal Accident Insurance**. It is up to each participant to have their own insurance that covers them in the event of an injury.

If an entrant is responsible for the breakage of equipment at a Games Venue they will be required to pay for the repair or replacement of the equipment. The NSW Corporate Games holds third party public liability insurance only.

Entry Changes

Replacement or Changes after March 2 are at the discretion of the Games and subject to a \$25 fee per change.

Withdrawals and Refunds before March 2 refunds are minus \$25 per person, after March 2 no refund. Withdrawals must be on a Games Form.

Weather

Adverse weather conditions may cause modifications to or cancellation of events. No refunds are made.

Entry Confirmation

Confirmation will be posted to each entrant, only after a complete Entry has been received by the Games with full payment.

Start Times & Draws

Unofficial Draws with start times are available from the Games website ONE week before the Games. Official Draws are only available from a Games SuperCentre.

Games Registration

Registering in person before competing is compulsory. To register, each entrant is required to bring their Entry Confirmation, with photo attached, to a Games SuperCentre and sign a Waiver of Liability, collect their Official Start Times and Games Programme, and be issued their validated Games ID.

Games SuperCentres for registration will be located in Sydney from Friday March 9 to Sunday March 18. Exact times and locations will be sent with Entry Confirmation.

Games ID Card

Before competing each person must have their Games ID Card validated by Registering, see Games Registration. This can't be done at the Sport Venue Control Desk.

NO CARD NO COMPETITION! Before competing entrants must present their validated Games ID Card and be able to show personal photo ID if asked by a Games Official. Don't forget either piece of identification.

You may only compete in events and on teams specified on your Games ID Card. NO new entries or swapping of events or team members at the Sport Venue is allowed.

Sport Venue Check-in

Entrants must be at the Sport Venue **45mins** before their **first** scheduled Official Start Time and must report to Sport Venue Control at least **30mins** prior. Failure to do so may result in a forfeit.

Call **131 500 or sydneybuses.info** for Information on accessing Games Venues by public transport

Health Services

In the case of an emergency requiring medical attention, contact the nearest Games Official. A medical team which may include Red Cross, physiotherapists or sports trainers will be available at most sport venues.

Appeals

There is no appeal against the decision of a match official. Appeals relating to other aspects of play or Games rules are adjudicated by the Sport Coordinator. Appeals must be submitted in writing by the Team Captain, to the Sport Coordinator within 15 minutes of the end of the match in question.

Code of Conduct

Any team/entrant who displays unreasonable behaviour in the opinion of officials or the Sport Coordinator before, during, or after a competition may be disqualified.

Results

Official Results will be available on March 20 after the Games Awards Dinner from the Games website at www.corporategames.net.au/nsw

Post Entry Form to

NSW Corporate Games
PO Box 887
St Ives NSW 2075
Australia

Enter & Pay Online at

www.corporategames.net.au/nsw

Games Contact Details

Tel **02 9440 4847**
Tel 1300 727 194
Fax 02 9440 4768
nswcorporategames@australiandiabetescouncil.com



Running

C H A M P I O N S H I P



SPORT ENTRY INFORMATION

Please read if entering Running

Date

SATURDAY March 17 • START 8:00am

Schedule may change

Sport Coordinator

Meagan Mannix

Sport Venue

Parramatta Park, Pavilion Flat enter via George St & O'Connell St **PARRAMATTA**

Venue may change

Events

WOMEN & MEN

5K -30 • 30-39 • 40-49 • 50-59 • 60-69 • 70+

10K -30 • 30-39 • 40-49 • 50+

Entry Fee

\$50 per participant including GST. Entry must be with full payment and at the NSW Corporate Games Office by deadline

Entry Deadlines

Guaranteed Entry Deadline February 3

Only complete Entries with payment are guaranteed

Final Entry Deadline February 17

Entries received after the Guaranteed Entry Deadline are taken on a first come basis

Format

5K Flat course. 10K Flat looped course

Different start lines for each distance

All events run concurrently

Competitors may only enter the 5km or 10km

See Map available on page 3.

Regulations

Competitors may only enter the 5km or 10km

An Individual may represent only ONE Organisation in the Games.

Entry is NOT limited to employees

Start – After check-in runners are free to warm up

Assemble for start with slow runners moving to the back of the pack to avoid tripping

Finish – Please refer to page 2.

The event will be held if it is raining

Age Classes

Determined by age as of 31 December 2012

There are 5 Age Classes in Running

-30 • 30-39 • 40-49 • 50-59 • 60+

Rules

AA Recreational Rules as adapted for the Corporate Games

See Running Information on page 2

Fee Payments

Fees are payable to **Australian Diabetes Council**, by Money Order, Cheque, or Credit Card

We accept Visa, MasterCard and American Express.

Start

Schedule:

Check In from 6:45am

Race Briefing 7:50am at start line

Start Time 8:00am 10km runners

8:00am 5km runners

Results

Electronic Timing will be used. Each runner will wear an ankle strap or shoe lace device with a chip and this must be returned upon crossing the finishline. Medal presentation will follow the finish of the event



Running Information

This information must be read in conjunction with "Sport Information" and "Games Information" available from the website. Details are subject to change please contact the NSW Corporate Games Office for the most recent information.

Schedule

Venue	Parramatta Park	
Date	Saturday March 17	
	Sport Venue Control	The Pavillion
	Venue Check In from	6:45am
	Race Briefing	7:50am (at start line)
	Start Time	8:00am

No parking is permitted in Parramatta Park

The Park will be 'vehicle free' between 6am and race finish but remains open for public pedestrian use. PARKING is available at the carpark (indicated on the map) with access via bridge to Venue Control. Park to the rear of the parking lot nearest the access bridge.

Course Details

Check-In at Venue Control

You are required to show your validated Games ID Card at Check-in. No card No competition.
Chest number & timing chip (supplied at Running Venue Check In) must be worn on the front and be visible throughout the race.
Changing events is not allowed.
Start for each distance is in a different location. Finish is at the Pavilion (see map).

The Race Course (see Map)

Start – 5k and 10k start from different lines

5K 1 lap 3089m + 1911 to Finish

10K 3 laps 9267m + 733 to Finish

Assemble at the 5km or 10km start line before 7:50am. The event will be held if it is raining.

Aid Stations

Aid/drinks stations (water) will be at the Queens Rd Gatehouse and in front of the Burramatta Visitor Center.
Water and fruit will be at the finish area.

Finish

On crossing the finish line please remove your timing tag and hand it to an event official.

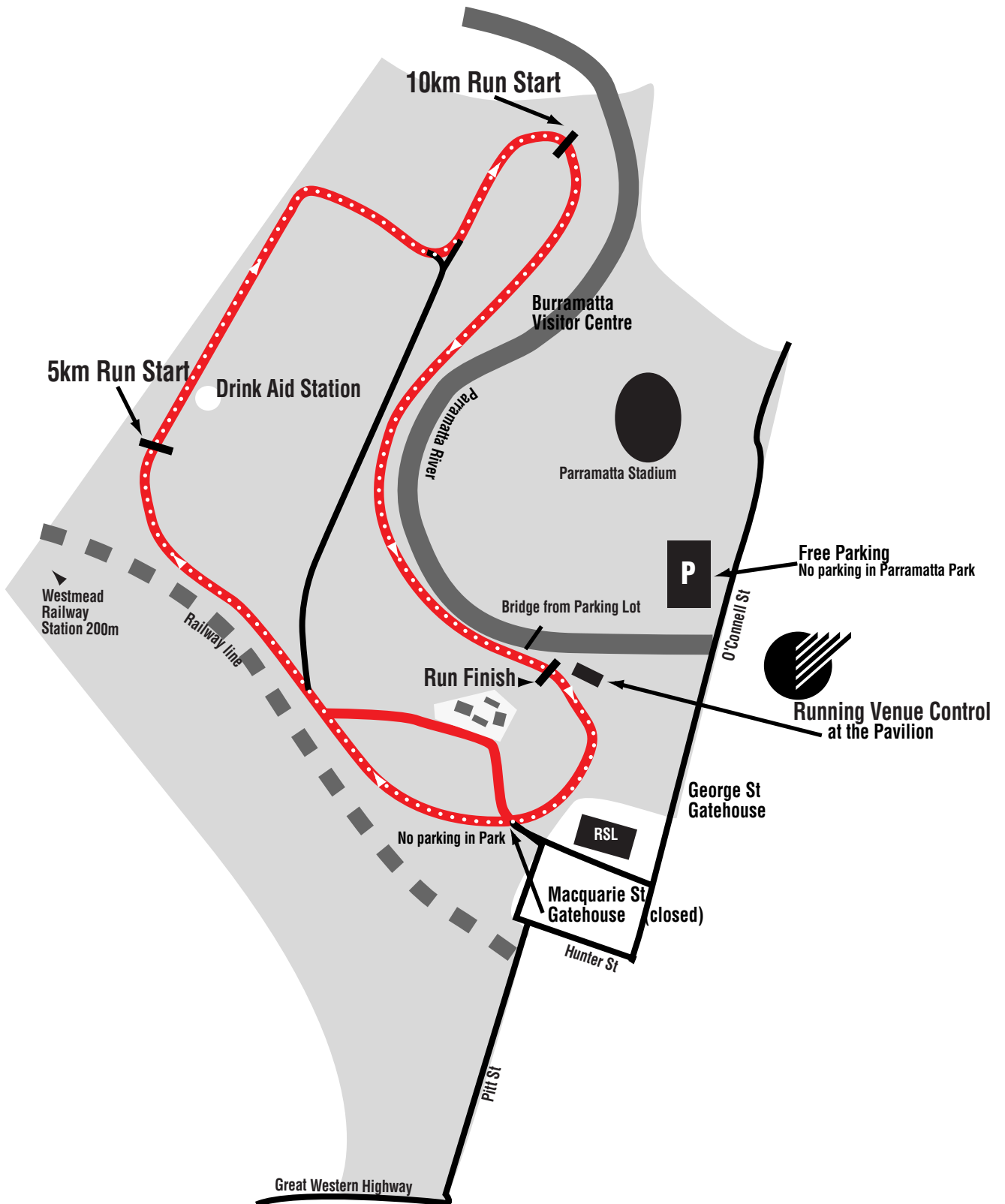
1st, 2nd & 3rd placegetters in each category will receive a Games Finish Card which must be returned upon receipt of their medal.



You must be present to receive your medal. Medal presentation will follow the finish of the event.

Electronic Timing will be used. Complete results will be available only after verification by the Games

Parramatta Park

Running Venue Map



	10km – 3 x Laps (9267m) + 733m to Finish
	5km – 1 x Lap (3089m) + 1911m to Finish

NAME 5

First Name

Last Name

BIRTHDAY
(Required)

Day Month Year SEX

EMAIL ADDRESS

MAILING ADDRESS Post Box or Street

DAY PHONE Code and Number

Suburb or City

State/Territory

Postcode

INSERT YOUR EVENT NUMBER

Event Numbers found on Page One

NAME 6

First Name

Last Name

BIRTHDAY
(Required)

Day Month Year SEX

EMAIL ADDRESS

MAILING ADDRESS Post Box or Street

DAY PHONE Code and Number

Suburb or City

State/Territory

Postcode

INSERT YOUR EVENT NUMBER

Event Numbers found on Page One

NAME 7

First Name

Last Name

BIRTHDAY
(Required)

Day Month Year SEX

EMAIL ADDRESS

MAILING ADDRESS Post Box or Street

DAY PHONE Code and Number

Suburb or City

State/Territory

Postcode

INSERT YOUR EVENT NUMBER

Event Numbers found on Page One

NAME 8

First Name

Last Name

BIRTHDAY
(Required)

Day Month Year SEX

EMAIL ADDRESS

MAILING ADDRESS Post Box or Street

DAY PHONE Code and Number

Suburb or City

State/Territory

Postcode

INSERT YOUR EVENT NUMBER

Event Numbers found on Page One